



90 Orville Drive Bohemia, N.Y. 11716

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

January 9, 2006

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our supplements L-Carnitine under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, HealthSmart Vitamins, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Warehouse, Nutro, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WORLDWIDE Sport Nutrition:.

- Heart Healthy
- Assists in Fat Breakdown
- In addition to providing support for fat metabolism, L-Carnitine is important for the heart and plays an essential role in making fatty acids available for muscle tissue.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

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